



[#NOHUNGER](#) CCA Food Pantry at Middle River Friends Church is open weekly on Monday and Wednesday from 10 AM until 6:00 PM.

We want to thank the individuals, churches, and businesses who have continued to support all of our community food pantries. The MRFC Pantry has provided each family with a box of food with seven meals, cereal, and a little extra, to help them get through a tough time. Each family also receives a prepaid voucher for Milk and Bread from the Carlisle Fareway. We have served over 70 unique families this summer representing more than 250 individuals, including many children. Providing well over 1000 meals since beginning our food pantry in the Spring.

Who are we serving? Anyone in our PEACH Community who are often referred to us by friends, neighbors, and Carlisle Schools. Almost half of our patrons need a lifting hand only once due to unexpected bills, temporary loss of work, or other life interruptions. Many others come in once or twice a month for a little extra assistance. There are a few families we are assisting more often based upon their needs. Please continue to lift these families and our community in prayer and support.

Working together there will be #nohunger in our PEACH Community. Donations can also be received during Pantry hours or through your local church. If you have any questions call 515-989-3310.

MISSIONS - SALVATION ARMY

Excerpts from the Salvation Army, Des Moines Newsletter. Middle River Friends supports SA through its local mission's initiative.

“I might have lost my kids” was the greatest fear of Kristina. She had recently left an abusive husband and was living in a domestic abuse shelter with her three children, ages 6 through 14. With no family close she worried about where she'd turn when she left the shelter, particularly on a limited income. Then COVID-19 happened. Kristina lost her job and started losing hope.

“I had no house, no family, no place to go.” The Salvation Army was soon on the scene. A caseworker started meeting with Kristina. The caseworker helped Kristina and her kids find housing, with the assistance of local partners. They helped provide Kristina's family with food and other essentials. They often met with Kristina – via video conferences, due to the pandemic – to counsel her through her worries and give financial advice and even brought in a tutor to help one of the kids with math.

“If it weren't for The Salvation Army, I don't know what kind of scenario I would be living in,” Kristina says, “I don't know where I'd be. I might have lost my kids.”

But now she's moved into more permanent affordable housing....and she expects to get her old job back once the pandemic has passed.

“It's a relief to know that I don't have to worry about tomorrow, thanks to God, the amazing staff from The Salvation Army and (your) support. There is not enough words to say how thankful I am.”

Our support has helped many people during these unsettling times in our own communities. Through God's grace we continue to support others.

Penny Shenk, Chair, Missions Committee

Middle River Praises / Concerns

To initiate a prayer or praise request, contact Barb Rupe at 515-710-3794. If you cannot reach Barb, please call Jacque at 515-205-0692.

Barb calls those who prefer to be notified by a phone call and/or do not have email.

Jacque contacts those who wish to receive prayer requests via email.

If you would like to be included for prayer notifications, please let Jacque know, if you prefer to receive a phone call or an email.

Any time or in an emergency, please feel free to contact Pastor Matt at our church office, 515-989-3319, or email to pastormatt@middleriverfriends.org



THANK YOU TO ALL WHO HELPED AT OUR FUNDRAISER SERVING CONCESSIONS AT THE MEACHAM AUCTION ON SEPTEMBER 26 AND 27.

PROCEEDS WILL BE DIRECTED TO OUR CARLISLE DOLLARS FOR SCHOLARS ENDOWMENT AND THE MIDDLE RIVER YOUTH FUND.

Food For Thought