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### **#NOHUNGER – Middle River Food Pantry**

Mondays and Wednesdays: 10:00 am – 6:00 pm. Anyone in the PEACH community is welcome to come to our Food Pantry.

#### **FOOD PANTRY ITEMS NEEDS LIST:**

##### **Canned Goods:**

Pasta Sauce (canned only please)  
Cream of Chicken Soup  
Tomato Soup  
Canned chicken breast  
Canned Tuna

##### **Cereal (boxed)**

Cheerios, Honey Nut Cheerios  
Fruit Loops, Frosted Mini Wheats  
Honey Bunches of Oats w/Almonds

##### **Meat:**

Bacon

##### **Other:**

Idahoan Potatoes - any flavor  
Chicken Gravy Mixes  
Spaghetti  
Pasta Sauce  
Jello boxes to make  
Fruit cups  
Jello cups  
Salt  
Pepper

Personal items  
Cleaning supplies.

*May the God of hope fill you with all joy  
and peace as you trust in him, so that you may overflow  
with hope by the power of the Holy Spirit.  
~ Romans 15:13*

*With assurance of our faith we cannot help but live a joyful life  
giving thanks to the source of our salvation.*



## September 20, 2020

4057 – S23 Highway

Carlisle, IA 50047

Phone 515-989-3319

Email: [middleriverfriends@gmail.com](mailto:middleriverfriends@gmail.com)

[www.middleriverfriends.org](http://www.middleriverfriends.org)

***Exalting Jesus Christ by being fruitful disciple-makers.  
Expressing God's love by serving all people.***

## MIDDLE RIVER FRIENDS

**Matt Smith, Pastor**

Cell: 515-518-7504; email: [pastormatt@middleriverfriends.org](mailto:pastormatt@middleriverfriends.org)

**9:00 a.m. and 10:00 am – September 20, 2020**

### **Sunday Bible Studies / Celebration**

#### **9:00 am – Sunday School**

Adult Sunday School, Fellowship Hall

Children, all grades (Pre-K through 8<sup>th</sup> Grade) assemble in Children's Church Room downstairs and to the left

#### **10:00 am – Worship / Celebration**

In person in Sanctuary and on Face Book Live

Gather  
Song of Reflection  
Prayer  
Open Worship  
Song of Reflection  
Children's Sermon  
Sermon  
Song of Reflection  
Closing Prayer

*Sermon Series from Philippians  
Knowing Joy – Joy in the Mission*

## **Church Week of September 20 – 27, 2020**

### **Guidelines for Sunday Celebration:**

Only Family households should sit together in one pew.

Sit in every other pew.

Give each family unit or individual at least 6 feet space apart.

Sit on opposite, alternate aisles.

Singing without a mask is discouraged. Masks are available.

Use hand sanitizer and/or wash hands regularly.

Limit restroom use to two people at a time.

**TODAY: 11:30 am, Monthly Meeting.** Please join us for the extension of our worship as we address the business of the church. Thank you.

### **UPCOMING:**

Meacham Auction, MRF fundraiser, Saturday, September 26 and Sunday, September 27. We need volunteers to take a 3 hour shift from 9:00 am to 6:00 pm each day. The opportunity for this fundraiser replaces our 4<sup>th</sup> of July Pancake Breakfast. Proceeds from the food sales at the auction will go towards our Dollars for Scholars endowment for the Carlisle schools.

We need help on Thursday and Friday to prepare food and get set up for the auction on Saturday and Sunday. Contact Bobbie.

**PLEASE SIGN UP. Volunteers for 3 hours shifts to serve food at the Auction sign-up sheet is on the table in the Narthex.**

### **UPCOMING:**

Sunday, October 4, 6:00 – 8:00 pm, Youth Group starting up again. Will be meeting weekly and exploring "Journey to the Center of the Son." Inviting all kids 6<sup>th</sup> grade and older.